

# Mental Health and Substance Abuse Benefits

The Summit Care and Advantage Care plans have a separate out-of-pocket maximum for mental health and substance abuse benefits of \$2,000 per individual and \$4,000 per family per plan year (July 1 through June 30).

## Eligible benefits for mental health and substance abuse:

|  | Contracted Provider                                     | Non-contracted Provider |
|--|---|-------------------------|
| <b>Inpatient facility services</b><br>Requires Pre-Authorization through Mental Health Care of Utah (MHCU) at 800-541-9432 | 50% of Maximum Allowable Fee (MAF) after Deductible     | Not covered             |
| <b>Professional services</b><br>Requires Pre-Authorization through Mental Health Care of Utah (MHCU) at 800-541-9432       | 100% of MAF after applicable office copayment per visit | Not covered             |
| <b>Outpatient services</b><br>Requires Pre-Authorization through Mental Health Care of Utah (MHCU) at 800-541-9432         | 100% of MAF after \$20 copayment per visit              | Not covered             |

Remember there are no mental health and substance abuse benefits when using non-contracted providers. It is the member's responsibility to verify if a mental health provider is contracted. A list of contracted providers can be viewed at [www.pehp.org](http://www.pehp.org).

## Pre-Authorization Guidelines for Mental Health and Substance Abuse Benefits

All services require pre-authorization through Mental Health Care of Utah (MHCU) at 800-541-9432. Failure to call will result in a reduction or denial of benefits.

## Emergency Treatment

Treatment for a medical condition of an unforeseen nature that, if left untreated, may cause death or permanent damage to the Member's health requires pre-authorization through Mental Health Care of Utah (MCHU) at 800-541-9432.

Please refer to the Master Policy for more detailed information.